

Calling all Brain Safety Superheroes!

To Help Keep Your Brain Safe:



Always wear your helmet when riding your bike.

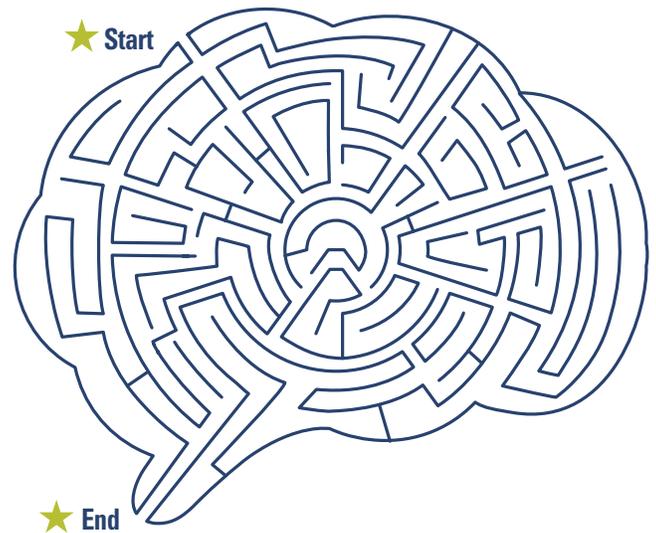


Always buckle up when in a car.



Play safe and avoid hits to the head when playing sports.

Brain Maze

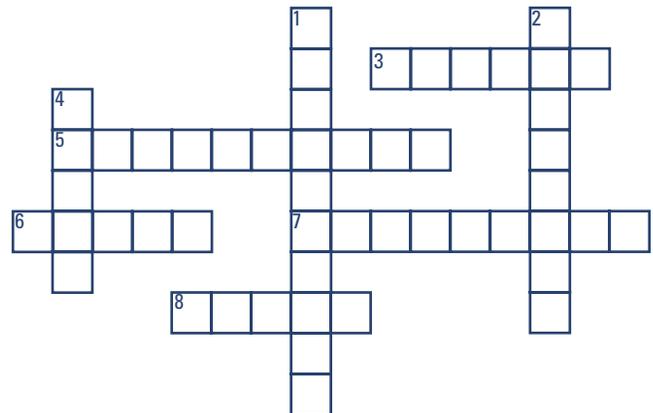


Design Your Own Helmet



Crossword Puzzle

Words can go across or down. Letters are shared when the words connect.



Word Bank

Sleep Concussion Helmet Life Jacket
Cells Seatbelt Brain Superhero

Across

- A bike ____ protects your brain.
- Wear a ____ and swim with a buddy.
- Your brain is made of ____ called neurons.
- You can be a Brain Safety ____.
- Eating healthy is good for your ____.

Down

- A ____ is a brain injury.
- Wear a ____ every time you ride in a car.
- ____ helps your brain think and remember things.



BRAIN INJURY FLORIDA
Support • Prevention • Education • Advocacy

Learn more at:
www.biausa.org/KidsBrainHealth

